





A Division of Café Services

Lebanon High School and Jr. High School February 2010



Farm Fresh Focus
This month we are
Featuring:
Onions
School Tasting
2/25/10

Monday 2/1/10	Tuesday 2/2/10	Wednesday 2/3/10	Thursday 2/4/10	Friday 2/5/10
Tailgaters Special Super Bowl of Chili Con Carne Nachos w/ All The Fixins Warm Blueberry Cobbler	Chinese New Year Celebration! General's Chicken Stir Fried Asian Vegetables Fried Rice Fortune Cookie Pineapple Chunks	That's Italian Baked Stuffed Rigatoni w/ Meat Sauce Garlic Bread Caesar Salad Sliced Peaches	New England Favorite Homemade Chicken Pot Pie w/ Peas & Carrots Mashed Potatoes Fruit Cocktail	Chuck Wagon Roundup Meatloaf Country Mashed Potatoes Dinner Roll Green Beans Jamboree Jell-o
Monday 2/8/10	Tuesday 2/9/10	Wednesday 2/10/10	Thursday 2/11/10	Friday 2/12/10
Mexican Monday Beef Tacos Spanish Rice Mexicali Corn Fresh Orange Wedges	Brunch For Lunch! French Toast Sticks w/ Syrup Sausage Link Hash Browns Apple Cobbler	Pasta Pasta Piping Hot Homemade Macaroni & Cheese Garlic Bread Sweet Peas Blueberry Crisp	Valentine's Lunch Chicken Tenders Dipping Sauce Romantic Rice Cupid's Carrot Spears Sweetheart Red Jell-o w/ Fruit	Smoky Joe's BBQ Sweet To Heat Pulled BBQ Pork Bulky Spicy Fries Kansas City Slaw Fresh Mac Apple
Monday 2/15/10	Tuesday 2/16/10	Wednesday 2/17/10	Thursday 2/18/10	Friday 2/19/10
Vacation	Vacation	Vacation	Vacation	Vacation
Monday 2/22/10	Tuesday 2/23/10	Wednesday 2/24/10	Thursday 2/25/10	Friday 2/26/10
President's Lunch All American Sheppard's Pie Wheat Dinner Roll Green Beans Red White & Blue Fruit Cup	Mardi Gras Carnival Fat Tuesday! Cajun Chicken Strips w/ Creole Salsa Louisiana Rice Jalapeno Corn Bread Bayou Pears	Tossed To Order Cheese Tortellini w/ 3 Sauces Italian Meatballs Garlic Bread Crisp Garden Salad Fruit Cocktail	Build It Bar Build Your Own Hot Dog! Chili, Cheese Sauce, Kraut, Local Chopped Onions Roasted Potatoes Steamed Broccoli Peach Pandowdy	Made To Order Buffalo Chicken Caesar Salad Pita Bread Fresh Mac Apple
			Black History Month 	In accordance with Federal law and U.S. Dept. of Agriculture policy, this establishment is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.



Lean meats, cheeses and daily choices of deli salads made to order on breads & rolls with fresh veggie toppings. Served with two nutritious sides and Milk.



One Special Entrée Salad of the day prepared fresh daily served with baked bread or pita and milk.



Café Services is a Proud Sponsor of the NH Farm to School Project. We Buy Local First. These are just some of the farm partners we would like to thank: Giles Farm, Brookdale Farm, Heron Pond Farm, Barkers Farm, Zacks Farm, Picnic Rock Farm

Any questions or comments, Please contact Your Food Service Director Dennis Samuel 603-448-1538 or dhsamuel@sau88.net